



Santa Clara Adult Education (SCAE) Newsletter

JANUARY 2019
Issue 4

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Director's Message

Dear SCAE Team,

The New Year has arrived, bringing with it the promise of new opportunities and continued successes in 2019! Last year we had many changes to our Adult Education program, including replacement of key leadership positions, reorganizing of programs, and the addition of several exciting classes; including several innovative career technical education courses. These changes have positioned us to reach for even greater heights this year in serving our adult education students.

As we begin the New Year, I encourage us all to continue to practice self-care-perhaps by engaging in our new Staff Wellness activities- as a means of being our best selves every day. I also encourage us to continue to offer the best service possible to our students and community, with the same focus and positivity that we have had in the past. We have much to be proud of and much new work to do this year!

I wish you all a wonderful new year, filled with success, good health and fulfillment.

Best,

Brenda Carrillo, Ed.D.
Director of Educational Options



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CAREER AND TECHNICAL (CTE) EDUCATION

Collaboration Santa Clara Adult Ed and Google, Inc. Mountain View:



SCAE is collaborating with Google to implement and fine-tune the Google Applied Digital Skills curriculum for Adult Education. This project-based and instructor guided video curriculum has been developed by “Google for Education” to teach learners the practical digital skills required in the 21st century workplace.

SCAE is currently running a pilot class and members from the Google curriculum team are visiting the class regularly to get student and instructor feedback for fine-tuning the course content and developing additional modules to reflect best practices in the workplace. The next Google Applied Digital Skills courses at SCAE will in the Spring Term starting:

- ✚ February 25, 19 to May 8, 2019 Monday and Wednesday at 12:30 PM – 2:30 PM
- ✚ February 26, 19 to May 9, 2019 Monday and Wednesday at 6:00 PM – 8:00 PM

CTE Course Graduation for “Communication, Teambuilding, and Problem Solving”

Congratulations to students completing the Communicating, Team Building, and Problem Solving Class with Gail Yee-Instructor SCAE, Fall 2018 term. They acquired and demonstrated many communication and leadership skills to be successful in the workplace and have already experienced positive results in their personal lives. SCAE will be offering this class again in Spring 2019.



New CTE Program Instructors



Suvarna Sathe: Suvarna joined the SCAE team in December 2018 and is currently teaching the Medical Terminology class. She will be lead instructor of the Medical Assistant Program. Suvarna has a medical degree from her home country in India and has been working as a Neuroscientist for a Bay Area biotech company for many years. Suvarna also has a California teaching credential and has been working as a substitute teacher in various school districts including Santa Clara Unified for the past years.

CTE Fall Programs currently in session:

- ✚ Office Skills (Open Enrollment)
- ✚ Google Applied Digital Skills (Closed for Enrollment)
- ✚ Workplace Skills and Professional Business Writing (Closed for Enrollment)
- ✚ CISCO Net Academy (Closed for Enrollment)
- ✚ QuickBooks Level 1 (Closed for Enrollment)
- ✚ Accounting Level 1 (Closed for Enrollment)
- ✚ Medical Terminology (Closed for Enrollment)
- ✚ Programming in Python (Closed for Enrollment)

SKILLS PLUS PROGRAM

Skills Plus enjoyed a wonderful holiday celebration with students and caregivers in December. Students from the Bytes and Notes Music School (Dana Bagis, Gabrielle Vigo, Lucas Tecson, Katrina Apiado and Director An Marie Tecson) wowed the crowd with their beautiful voices. Thank you to everyone involved!

Skills Plus Individual Success Story: Bob has fluent aphasia. Bob showed good progress with his speech. His progress correlated with his oral reading, which increased from single words (some 2 word phrases) to 3 word functional statements (go to bed, wash the car). He uses cue cards to go out alone and get a latte and a system to help him use a car wash. He drives independently to several community settings. His wife was especially happy when in November, he flew independently to S. Ca. (small dog in carry case) to meet his brother for a weeklong vacation. She attributes his increased communication and confidence to his attendance at Skills Plus!



Help for stroke survivors

Chromebooks

Skill Plus received new student chromebooks to use primarily in the speech & communication class for stroke survivors and other neurological impairments. Skills Plus is working on updating equipment in the Mobility and Living skills class as well. Thank you to all the students and families that have donated to this exceptional program!

For more pictures and information about our program visit: <https://www.facebook.com/skillsplusprogram/>

INDEPENDENCE NETWORK (IN)

Independence Network had two Christmas trees at Christmas in the Park. A huge thank you to Friends of Independence Network Students for making this happen!

Fundraiser Events

- IN will be holding a Valentine's Day Dance on Thursday, **February 14th** in the Multipurpose room.
- FINS will be holding a dinner and silent auction at Mariani's on **April 6th** (<https://fins-ca.org/>). Come join us in support of Independence Network. Information regarding tickets to come.





WILSON PRESCHOOL



Wilson Preschool is hosting an Open House for prospective families on Saturday, **February 2, 2019 from 10:00 am – 1:00 pm.** Families can stop by to learn about the program and fill out an application for the 2019-2020 school year. Applications must be turned in by **Thursday, February 28, 2019.**

ADULT HIGH SCHOOL DIPLOMA



SCAE is gearing up for the 2019 High School Diploma Program graduation and looking forward to seeing a large group graduate by May of 2019.

Student nearing graduation status are working on post-secondary plans and applying for FAFSA as they transition to community colleges. A huge thank you to Mission College for hosting the FAFSA night for Adult Education students!

If you know of someone looking to complete their High School Diploma or earn their High School Equivalency Certificate, please have them call (408) 423-3500.

ENRICHMENT PROGRAM

Last year, SCAE participated in “Christmas in the Park”. Christmas in the Park is an annual holiday tradition that takes place in the heart of Downtown San José at the Plaza de Cesar Chavez. The event has been organized each Christmas for the last 39 years. SCAE Christmas tree was decorated, with red and green tiles representative of each of our classes. Pictured here are Laura Morales, Maikhanh Le, and Rachael Peterson.

Laura Morales is the Adult Education instructor who spearheaded the project; Laura has been teaching and sharing her passion for mosaics for many years in the bay area. Maikhanh and Rachael are staff members of SCAE.



FAMILY RESOURCE CENTER (FRC)

The Santa Clara Library Visits the FRC

The FRC hosted its first “Santa Clara Library Visits the FRC” on Monday, December 10, 2018. Families participated in an interactive story time, ornament making and each child received a book to take home with them. Families were also able to sign up for library cards and learn about the many programs offered through the Santa Clara City Library!



Holiday Cheer Donations

Thank you to all who donated gifts to the FRC this Holiday Season. With your kind and generous donations the FRC was able to provide holiday cheer to economically disadvantaged children and adults within Santa Clara Unified School District through SCAE programs this Holiday Season.

The FRC collaborated with different community agencies and offered several programs to reach families in need. The FRC identified and referred families to community programs such as the Santa Clara Police Department Shop with the PAL program, The Salvation Army Toy N' Joy, Second Harvest Food Bank, Sunnyvale Community Services, Turning Wheels for Kids, and Hope Lutheran Church in San Jose.



The FRC also hosted its first Adopt-A-Family holiday program! Donors were matched with families in need, identified by community liaisons. Donors were provided with family profiles that included ages, genders, sizes for clothing and shoes, interests and needs. Families were presented with wrapped holiday gifts by FRC staff before the holiday break. A special thank you to Washington Open Elementary, SCUSD Assessment Department & District ELSATs, and the Eldridge Family.

Similarly, thank you to Wilson Preschool who helped the FRC with its first Holiday Giving Tree gift drive. Families and staff from the preschool dropped off gifts and non-perishable food items. Gifts and food were distributed to families who participate in the FRC's monthly food distribution program.

If you, or your organization are interested in volunteering or donating to the Family Resource Center, please contact the Johanna Gonzalez Family Involvement Facilitator at 408-423-3528 or johgonzalez@scusd.net.

HEALTH AND FITNESS

New Classes for Spring

- ✚ **Family Yoga** - Parents and children experience yoga together. Monday's from 6:00pm – 7:00pm. Children must be over 5 years.



- ✚ **Cross Train Fitness** - Cross training is a total body workout that takes your fitness to the next level. Come ready for something new using hand weights, stretch bands, as well as your own body weight for balance and core exercises. All ages and fitness levels welcome! On Tuesdays and Thursdays from 8:00am – 9:00am

- ✚ **Pool** – Our heated pool is open year round at 83 degrees. Swim classes are offered mornings and evenings Open lap swim available to the community Monday-Thursday from 12pm-1pm. All swimming levels accommodated with lane lines; kick boards and locker room available. Purchase \$90 punch cards for 20 visits or \$25 for 5 visits at the Front Office.



ENGLISH AS A SECOND LANGUAGE

Spring CORE ESL classes

- ✚ The new term for Core ESL classes started January 14th, priority was given to SCUSD Parents.

New teachers in the ESL Program

The ESL Program is welcoming two new teachers, Zana Wilkie and Hao Pham. Zana is returning to SCAE after having worked in the Evenstart Program a number of years ago. Hao teaches Special Education at Santa Clara High School during the day. Both instructors will be here in the evenings, Tuesdays, Wednesdays and Thursdays, 7:00 pm-9:30 pm. Zana will be teaching the Beginning High class in E1 and Hao will be in E3 with the Intermediate Low class. Welcome Zana and Hao!

Annual Staff Holiday Pancake Breakfast:



On December 12, 2018 SCAE hosted the Annual Staff Pancake Breakfast in appreciation of all staff. It was a great even. Click on the link to see all the pictures. [Pictures](#)

Family Resource Center – All ready for the Season!

Our Campus Supervisor, Frank Giacomelli and his wife dedicated their time to decorate the FRC window for the holiday season. A big Thank You to the Giacomelli family for their kindness and generosity to the SCAE community.



Family Resource Center and Career Technical Education at “Santa Visits Alviso” Event

Johanna Gonzalez from the Family Resource Center and Connie Webb the CTE Program Supervisor hosted tables on December 8, 2018 at the Youth Center in Alviso. The Santa Visits Alviso Foundation provides educational opportunities and programs to the Alviso Community including Scholarships, Educational Programs, Community Programs, Sports Programs and financial support to the Elementary, Middle and High Schools. SCAE is honored to be part of this community outreach!



Story: Learning and Disability Specialist



Natalie Bradley works as a Learning and Disability Specialist at Santa Clara Adult Education, as part of the South Bay Consortium on Adult Education. She meets with students and teachers to help identify learning strengths and develop strategies for student success. Prior to this, Natalie worked as a Student Success Counselor at California Community Colleges. Natalie was allowed to occasionally bring her bird, Lily, the African Grey parrot to her office at Solano Community College. She tells this story of what happened one day“I was speaking with a student in my office. She was very upset because she thought she was going to fail. She shared her fears with me, while Lily, the bird, was quietly sitting in her cage

behind me. When the student started to cry, Lily said “You ok?” This startled the student, but when she realized that my bird was talking to her, she started laughing and said “Yes, I’m okay, Lily, thank you!” At this point, the energy shifted and the student’s spirits were lifted. We continued talking until she reached a point of feeling better. She left the office door open as she began to walk down the hallway, when she heard Lily say “Bye bye!” I could hear the student laughing as she said “Bye Lily!”

Natalie was happy to experience such an exchange, and always feels fulfilled when she knows students leave her office feeling better than when they walked in. She continues to employ humor, inspirational talks, and positive psychology as core components of her counseling skills.

Natalie would like to share her list of positive affirmations that she gives to students and teachers to encourage positive emotional health. “Pick a few statements that feel good to you and copy them on post-it notes. Place them in various locations, so you can see them throughout the day. When you see them, pause to read them silently or out-loud to call attention to your inner powerful self. Studies show that repetition of positive affirmations result in improved self-confidence, and recognition of our inner strengths. Give it a try!”

For more information on student referrals email Natalie Bradley at natsacademics@gmail.com

I AM SUCESS

By Natalie Bradley, MS, CRC

I am pleased with my work.
I am brave and strong.
I am focused and concentrated.
I am like light from the sun, warming and energizing me.
I radiate warmth and light.
I am a good thinker.
I am intuitive.
I am expressive of my knowledge.
I am safe and secure.
I am filled with peace and calm.
I am confident in myself.
I am courageous and brave.
I am content.
I am filled with positive energy.
I am thinking clearly.
I am relaxed and alert.
I am patient with myself.
I trust myself.
I am doing my best, and my best is good enough.
I am worthy of goodness.
I am accepting of the outcome.
I am expanding my knowledge every day.

Professional Development: FREE Google Tools class



Join SCAE at a Google Tools class in room K-1 on Fridays afternoons from 1:00 pm – 3:30 pm. From 1/25/19 – 3/1/19. Edie Uber, ESL instructor will be the trainer. Learning new software can be daunting, let Edie help you get the hang of it!



SCAE Student Leadership Team

The SCAE student leadership team is going strong! Their next activity is a field trip on January 22, 2019 to San Mateo Adult School (SMAS) to meet with members of the SMAS student leadership group. SCAE student leaders will get a chance to observe one of their meetings to learn about agenda planning, minute taking, and other related topics.

If you know a student who has taken a variety of classes at SCAE and is interested in joining the group, please contact Bill Kyle at bkyle@scusd.net.

New tagline for SCAE

We are looking for a new 3-6 word tagline for SCAE, and you can help!

TAGLINE CHECKLIST

What makes a good tagline?

- ✓ It's honest
- ✓ It's not boring or cliché
- ✓ It's original and unique, just like us!
- ✓ It appeals to all our customers
- ✓ Focuses on our core services
- ✓ And it's memorable (fun, inventive, catchy or surprising)



Think you've got a good one? Email it to Director Brenda Carrillo, Director, at bcarrilo@scusd.net, the deadline is 2/1/19.

All Staff Ed. Options Campus Wellness Month – January

Welcome back! This is a reminder about our All Staff Ed Options Campus Wellness month for January. Rachael Peterson, Program Supervisor is leading the relaxation sessions at 12:30pm. If you are interested in swimming laps at the pool the temperature is around 83 degrees. The pool is staffed every day for lap swim and the locker rooms are available to all. [See Calendar](#)



We are offering a Zumba class at the end of the month **Tuesday, January 29, 2019 6pm-7pm for (\$10)**. We would love to get as many people at Zumba as possible to see if we can keep it going on our campus on a regular basis. Kelly Gonzalez is the Zumba teacher and half of the proceeds will go to the Skills Plus Program – Help for Stoke Survivors.

UPCOMING EVENTS

- ✚ **CTE – Healthcare Programs** (Free) – Room Q4
Orientation Dates and Time: 5:30pm-6:30pm
 - Wednesday, 1/16/19
 - Wednesday, 1/30/19
 - Wednesday, 2/13/19

- ✚ **Santa Clara Library Bookmobile** Is coming to Wilson weekly starting in January on:
 - **January 17th** - Alternating Thursdays from 9:30 am - 10:30 am
 - **January 25th** - Alternating Fridays from 9:30 am - 10:30 am

- ✚ **Open Campus and Open House at SCAE- Save the Date!**
SCAE Orientation
 - Open Campus Thursdays 12:00 pm & 5:30pm, starting **January 31, 2019**. Visit our campus a staff member will give you a tour of the school and will share program information.
Adult Ed Open House
 - **May 6th & November 6th** – more information to come.

- ✚ **Family Resource Center**
 - **January 22nd** - Parent Project Program starts (12 week program)
 - **January 28th** - 10 Steps to a Healthier You presented by the Healthier Kids Foundation(3 week program)
 - **February 25th** - Oral Health Education presented by Health Trust - Family Resource Center
 - **March 18th**- Drugs, and The Current Trends presented by Mike Robinson Community Service Officer Santa Clara Police Department - 6:30pm - Family Resource Center

- ✚ **January 21, 2019** – **Martin Luther King Day** – Campus Alarmed
- ✚ **January 28, 2019** – **Spring Registration Begins**
- ✚ **February 2, 2019** – **Wilson Preschool Open House** – Come and visit us from 10:00am – 1:00pm
- ✚ **February 14, 2019** – **Independence Network Valentine’s Dance** – Multipurpose Room
- ✚ **February 18 and 22, 2019** – **Winter Break** – Campus Alarmed
- ✚ **February 25, 2019** – **Professional Development - Free Google Tools Class** – At 1:00pm – 3:30pm Room K1
- ✚ **April 6, 2019** – **Independence Network Dinner and Silent Auction** – At Mariani’s organized by FINS
- ✚ **May 10, 2019** – **Professional Development - Human Centered Design** – More information to come



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