

Adult Education

CLASS SCHEDULE

FALL 2021

santaclaraadulted.org

Registration Starts July 19, 2021

Water Exercise

Page 14

English Classes

Page 19

Wilson Preschool

Page 22



**Santa Clara
Adult Education**

Where learning and community meet



Santa Clara Unified School District

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Accreditation

Accreditation is a form of certification in which an independent body will verify that a school or academic program meets minimum academic standards. Santa Clara Adult Education (SCAE) holds accreditation from the Western Association of Schools and College (WASC). School staff meet periodically with the WASC Accreditation team to review the school's mission, curriculum, instruction, use of assessment, resource management, and support services. If you'd like to provide input regarding any of these areas, please email us at santaclaraae@scusd.net or call us at (408) 423-3500.



**Fully accredited by the schools
commission of the Western
Association of Schools and Colleges.**

Uniform Complaint Procedure

Santa Clara Unified School District (SCUSD) has a uniform complaint process as required in Code of Regulations, Title 5, Section 4622 (SCUSD Board Policy/Administrative Regulation 1312.3). Copies of these policies are available in their complete form on the Santa Clara Unified website at santaclarausd.org, through the Santa Clara Unified District office, and at all schools in Santa Clara School District at no charge to the recipient.

Welcome

We are pleased to present our Fall Catalog 2021 to the dedicated lifelong learners in our community. Teachers and staff are eager to get back to teaching and connecting with all of you! Thank you for your continued support as we move forward into the new school year.

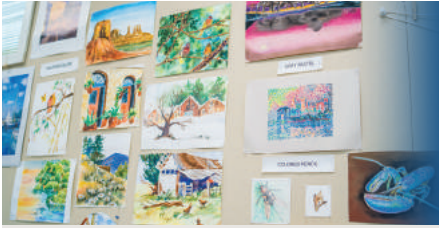
Contents

Enrichment Classes	2
Exercise & Wellness	12
Career Technical Education	16
English Classes.....	19
High School Equivalency.....	20
High School Diploma.....	21
Preschool & Parent Education	22
Adults with Disabilities	23
Registration Form	24
Online Courses	25



Registration is easy! Ways to register:

- Online at santaclaraadulted.org
- Call (408) 423-3500 during office hours
- Visit the office at 1840 Benton St. Santa Clara, CA 95050
 - Mail the completed form in the back of the catalog



Enrichment Classes

Discover a new talent or sharpen an old one by taking an Enrichment Class. We offer courses from beginner to advanced for all ages and abilities. Additional class and/or textbook information can be found at www.SantaClaraAdultEd.org.

Offering courses in:

Cooking.....	2
Gardening.....	3
Money Management.....	3
Music.....	3
Personal Growth.....	4

Photography..... 5

Sew/Knit/Crochet/Quilt..... 6

Visual Arts..... 7

Woodworking..... 8

World Languages..... 10



Ways to Register:

- Online at santaclaraadulted.org
- Call (408) 423-3500
- Visit the office

COOKING

Duo of Floral Jams

We will craft a Duo of Floral Jams: Strawberry Elder Flower Jam and Raspberry Violet Jam. Both are light and delicate. You will learn the basics and safety measures of home canning. Class size limited to 7 students. Materials provided in class.

In Person. Site: I2. Instructor: M. Paul, Email: mpaul@scusd.net

Day	Time	Date	Sess.	Fee
S	9am-1pm	9/18-09/18	1	\$70

Duo of Apricot Jams

We will craft a Duo of Apricot Jams: Apricot Ginger and Apricot Bourbon Pecan Jams. These jams are bold with a savory sweet flavor both are light and delicate. You will learn the basics and safety measures of home canning. Class size limited to 7 students. Materials provided in class.

In Person. Site: I2. Instructor: M. Paul, Email: mpaul@scusd.net

Day	Time	Date	Sess.	Fee
S	9am-12pm	10/09-10/09	1	\$70

Duo of Gift Jams

We will craft a Duo of Jams perfect for gift giving: Plum Port Jam and Holiday Jezebel Sauce. Both are perfect for holiday giving and will enhance your Holiday Dinners! You

will learn the basics and safety measures of home canning. Class size limited to 7 students. Materials provided in class.

In Person. Site: I2. Instructor: M. Paul, Email: mpaul@scusd.net

Day	Time	Date	Sess.	Fee
S	9am-12pm	11/06-11/06	1	\$70

Mughlai Khazana

Learn about the key flavors of the Mughlai Cuisine, along with cooking techniques that are simple and yet tasty. You will get all the tips and tricks that I use to get a perfect recipe and also great taste. All you have to do is join me with your favorite snack and drink, watch me cook & ask questions. If you wish to cook along, once you register, we will send the ingredients to cook along by email.

Materials to have at home: Mixing bowls, chopping boards, ladles, mixing spoons, Biryani Handi or a large cooking pot, deep frying pan, Tawa & sauce pan, mixer grinder/Vitamix.

Prerequisites: A good high-speed internet connection, laptop or phone or tablet/ipad with a microphone and camera.

Online. Instructor: B. Varia, Email: Bvaria@scusd.net

Day	Time	Date	Sess.	Fee
M	6:30pm-8pm	9/13-09/27	3	\$50

GARDENING

Gardening

Join our lively, well-kept garden and be part of our garden community. Learn about a variety of gardening topics, such as how to feed the soil and when to harvest! Participate in garden cleanup and maintenance duties that will keep you and the garden thriving. *Class size is limited each Saturday so lectures will be through zoom when you are not scheduled for the garden that day. New students will meet for first class on 8/21 at 8:30 in Room G7.

Materials: Compost, fertilizer, plants, etc., pencil, water, hat (if sun sensitive).

Hybrid. Site: Online & Garden, G7. Instructor: J. Carey, Email: jcarey@scusd.net

Day	Time	Date	Sess.	Fee
S	9am-12pm	8/21-10/23	10	\$55
S	9am-12pm	11/06-01/29	10	\$55

Generation Connection Garden Volunteers

Love gardening and want to share your interest with children? Volunteer in "The Magic Garden" program with like-minded adults who engage the visiting children with

experiences like drinking water from a leaf, hunting for bugs, planting a seed and pulling a carrot or radish out of the ground. Don't worry if you don't know a lot, the desire to grow the next generation of gardeners is much more important, and many of our volunteers are Master Gardeners who will act as mentors for you.

Prerequisites: Current TB clearance. Either a negative PPD or risk assessment is required of all adults who participate.

In person. Site: Garden. Instructor: M. Burlingame, Email: mburlingame@scusd.net

Day	Time	Date	Sess.	Fee
F	9am-12pm	9/3-10/22	8	Free
F	9am-12pm	11/5-11/19	3	Free



MONEY MANAGEMENT

Retirement Planning Today

Learn how to create a plan to retire early, manage investment risk, use tax laws to your advantage, make informed decisions about your company's retirement plan, estate plan and more!

In person. Site: D7. Instructor: R. Ostenberg, Email: rostenberg@scusd.net

Day	Time	Date	Sess.	Fee
TH	6:30-9:30pm	9/30-10/07	2	\$49
T	6:30-9:30pm	10/05-10/12	2	\$49

MUSIC

Beginner Guitar

You CAN learn to play the guitar! Learn the basics: strumming chords, reading rhythms, reading music and playing melodies. Book discussed in class. Contact instructor regarding guitar rental or purchase at (408) 247-2684. You may also email the instructor with any questions at rhguitarist@sbcglobal.net.

Materials: Method book can be purchased online at <http://bit.ly/SCAEBeginnerGuitar>

Hybrid. Site: Online & G7. Instructor: R. Hawthorne, Email: rhawthorne@scusd.net

Day	Time	Date	Sess.	Fee
W	7-8:30pm	9/08-10/13	6	\$95
W	7-8:30pm	11/03-12/15	6	\$95

Golden Tones

We welcome singers interested in improving their singing ability while having fun as part of our chorus, the Golden Tones. Our intention is for you to discover your voice and gain confidence in it as we sing a variety of songs and perform in various service clubs, retirement and convalescent communities. We are especially in need of tenors and basses. Let's make beautiful music together!

MUSIC (continued)

Golden Tones

In person. Site: TBD. Instructor: C. Tutko,
Email: ctutko@scusd.net

Day	Time	Date	Sess.	Fee
F	10am-12pm	9/10-10/22	7	\$75
F	10am-12pm	10/29-12/17	7	\$75

Piano 1A

New to the piano? Learn basic music theory, how to read notes and find intervals quickly. Get to know the keys on the piano, play simple pieces in rhythm, and learn different finger exercises and scales.

Materials: Bring to class: 1) Burnam's A Dozen A Day Preparatory Book. 2) Alfred's Adult-All-In-One Course: Level One. 3) A notebook.

In person. Site: J1. Instructor: R. Yue,
Email: ryue@scusd.net

Day	Time	Date	Sess.	Fee
F	9-11:30am	9/17-11/19	10	\$205

Piano 1B

Join current students in this beginning level of piano. Play beautiful simple pieces in rhythm, learn scales, arpeggios and chord pattern on different keys, and build up confidence to play in public.

Materials: Bring to class: 1) Burnam's A Dozen A Day Preparatory Book. 2) Alfred's Adult-All-In-One Course: Level One. 3) A notebook.

Prerequisites: Must be able to play with two hands, play songs with grand staff, identify all the keys on the keyboard, and read notes in the music.

In person. Site: J1. Instructor: R. Yue,
Email: ryue@scusd.net

Day	Time	Date	Sess.	Fee
T	9-11:30am	9/14-11/16	10	\$215
W	9-11:30am	9/15-11/17	10	\$215



Piano 1C

Join the intermediate levels of BEGINNING piano. Continue playing chords, scales, and arpeggios. Learn about music styles of playing, develop your own style, and play beautiful pieces as a soloist, in ensemble or in the "class symphony." Permission of the instructor required.

Materials: Bring to class: 1) Czerny Op. 823. 2) Alfred's Adult-All-In-One Course: Level Two. 3) A notebook.

Prerequisites: Completed Burnam's A Dozen A Day Book One and Alfred's Adult -All-In-One Course: Level One. Completed Scales and Arpeggios on major - C, G, F and minor - Am, Em, Dm.

In person. Site: J1. Instructor: R. Yue,
Email: ryue@scusd.net

Day	Time	Date	Sess.	Fee
M	9-11:30am	9/13-11/15	10	\$220

Piano III

This class is for students playing at an intermediate to advanced level. The theme for Fall 2021 will be "Spark Joy." What music sparks joy for you? There are opportunities for solo repertoire and duets. Previous piano experience necessary.

Hybrid. Site: Online & J1. Instructor:
A. Remmich-Bhatnagar, Email:
abhatnagar@scusd.net

Day	Time	Date	Sess.	Fee
TH	10-11:30am	8/19-10/21	10	\$120

PERSONAL GROWTH

Changing Your Mind and Loving the Change

Tired of thinking in the same unproductive way? Through the art of "framing" and "reframing," learn how to gain flexibility in your thinking and behavior, allowing you to

open up realms of possibility and choice in how to respond to life situations and events.

Hybrid. Site: Online & D6. Instructor:
R. Peterson, Email: rpeterson@scusd.net

Day	Time	Date	Sess.	Fee
TH	6:30-9pm	10/21	1	\$35

PERSONAL GROWTH (continued)

Female Voices in America

We'll be exploring history and society through the lens of women in literature. Isabel Allende gives us a glimpse into California history in *The Japanese Lover*. We'll learn about the Harlem Renaissance in Zora Neale Hurston's *Their Eyes Were Watching God*, and about Native Americans and immigrants in Barbara Kingsolver's *The Bean Trees*. All are welcome.

Hybrid. Site: Online & D7. Instructor: L. Pereira, Email: lpereira@scusd.net

Day	Time	Date	Sess.	Fee
S	9-11am	8/21-10/9	8	\$125
S	9-11am	10/23-12/18	8	\$125

Language in Action

Feel like you're not being understood? Have difficulty understanding exactly what others are saying? Your brain is engaging in the natural patterns of deletion, distortion, and generalization. Join us in exploring these patterns and how they

impact our lives. Learn how to use these patterns effectively to enrich your life and relationships with others.

Hybrid. Site: Online & D6. Instructor: R. Peterson, Email: rpeterson@scusd.net

Day	Time	Date	Sess.	Fee
TH	6:30-9pm	12/09	1	\$35

Our Representational World

Did you know that we humans never deal with the world directly? We often use our representational systems in habitual ways that are less than productive rather than in ways that enrich our world and relationships with others. You will better understand yourself and others by learning how we human beings re-create the world around us.

Hybrid. Site: Online & D6. Instructor: R. Peterson, Email: rpeterson@scusd.net

Day	Time	Date	Sess.	Fee
TH	6:30-9pm	9/30	1	\$35

PHOTOGRAPHY

Adobe Lightroom: Introduction

Still working in the dark when it comes to your digital photo workflow? Step into Lightroom, the electronic darkroom for digital photography. Catalog your photography and peek into the development possibilities of a digital photograph. Software not necessary. Intro class is followed by full course.

Materials: Computer with Adobe Lightroom Software loaded.

Online. Instructor: N. Vigeant, Email: noellavigeant@gmail.com

Day	Time	Date	Sess.	Fee
W	6:30-9pm	8/18-09/01	3	\$98

Adobe Lightroom Beginner

This course focuses on the workflow between the camera and the Adobe Lightroom software. Import, export, organize, and discover techniques for developing your digital negatives. Class is task-based and focuses on real-world scenarios and challenges students face in their day-to-day digital world. Come to this online class with loaded software.

Materials: Computer with Adobe Lightroom Software loaded

Online. Instructor: N. Vigeant, Email: noellavigeant@gmail.com

Day	Time	Date	Sess.	Fee
W	6:30-9pm	9/08-10/06	6	\$195

Classic Black and White Photography

Students will be challenged to visualize the world in black and white and produce striking portrait, landscape, and travel photographs. Using a digital camera, they'll take photos and use photo editing techniques in post processing software to make classic black and white photographs. Class includes one photography outing. Photoshop and other software will be demonstrated. Smart phones and tablet users welcome. Class is ideal for beginner and seasoned photographers.

Materials: Bring your camera and charged batteries.

Hybrid. Site: Online & D7. Instructor: N. Vigeant, Email: noellavigeant@gmail.com

Day	Time	Date	Sess.	Fee
W	12:30-3pm	9/29-10/20	4	\$130

PHOTOGRAPHY (continued)

Photography: Get Out of Auto and Into Your DSLR Camera

Participants with little DSLR experience will advance past auto and into the buttons and menus that surround the camera inside and out. Change white balance and ISO, override the flash and gain a deeper understanding of program mode and presets. Know how, when and where to change the settings on your DSLR camera. Get tips on composition and how to prepare for photo opportunities.

Materials (bring to online Zoom class): Camera, Camera Manual, External Flash, Charged Camera Batteries

Online. Site: F7. Instructor: N. Vigeant, Email: noellavigeant@gmail.com

Day	Time	Date	Sess.	Fee
M	6-9pm	10/25-11/08	3	\$115

Flash Photography Workshop

This class is about one thing: learning how to use off-camera flash with your DSLR. This class focuses on directional lighting with a flash and some easy DIY tools for creating light.

Materials: Camera, Camera Manual, External Flash, Charged Camera Batteries

Prerequisites: Must feel comfortable with shutter and aperture.

In person. Site: D1. Instructor: N. Vigeant, Email: noellavigeant@gmail.com

Day	Time	Date	Sess.	Fee
S	9:15am-1:45pm	10/30-11/06	2	\$115

SEW/KNIT/CROCHET/QUILT

Knitting & Crocheting for All Levels

Knit (or crochet) a community and a scarf! Choose your own project or get help selecting one. Get guidance on basic stitches, pattern reading, the ins and outs of materials, and more. Encouraging environment. All skill levels welcome. ESL friendly. Questions? Email instructor or visit www.classesbyjaninesahm.com.

Materials: See materials list at <http://bit.ly/SCAECclassesByJanine>

Hybrid. Site: Online & H2. Instructor: J. Sahm, Email: jsahm@scusd.net

Day	Time	Date	Sess.	Fee
M	6:30-8:30pm	8/16-10/11	8	\$154
M	6:30-8:30pm	10/25-12/13	7	\$135

Quilting 101

This is the perfect class for the first time quilter. The class project is a small quilt that finishes at 22", a perfect size for wall or table display. Everything learned from this project can be used on any size quilt...crib to king! The first class will be an overview for the course. A discussion for the project and necessary sewing tools will be provided in detail.

Materials: To be discussed first day of class.

Prerequisites: Basic sewing skills, basic sewing supplies.

In person. Site: I1. Instructor: S. Sjostrom, Email: ssjostrom@scusd.net

Day	Time	Date	Sess.	Fee
W	6-9pm	8/18-09/15	5	\$127
W	6-9pm	9/22-10/20	5	\$127
W	6-9pm	10/27-12/15	7	\$178

Quilting Studio

Basics and Beyond. Share the joy of quilting and learn a few new tricks. Share your quilting experiences with others. Get creative ideas for current and future projects. Enjoy an afternoon with fellow enthusiastic quilters. All levels welcome. Work at your own pace.

In person. Site: I1. Instructor: S. Sjostrom, Email: ssjostrom@scusd.net

Day	Time	Date	Sess.	Fee
T	12-2pm	8/17-09/14	5	\$85
T	12-2pm	9/21-10/19	5	\$85
T	12-2pm	10/26-12/14	7	\$120

Sewing 101

Create samples and make small items while learning techniques in clothing, home decor, garment alterations and quilting. New students will learn the basics of hand and machine sewing and how to navigate the fabric store. Students are encouraged to bring their own machines and supplies which they will learn to use to their fullest. Class machines available. Class size is limited. No transfers, refunds, or credits.

Materials: To be discussed first day of class.

In person. Site: I1. Instructor: S. Sjostrom, Email: ssjostrom@scusd.net

SEW/KNIT/CROCHET/QUILT (continued)

Sewing 101

Day	Time	Date	Sess.	Fee
TH	6-9pm	8/19-09/16	5	\$127
TH	6-9pm	9/23-10/21	5	\$127
TH	6-9pm	10/28-12/16	7	\$178



Sewing Circle

Need help and encouragement to finish that "unfinished item"? Come join a wonderful group and have fun while you work on a special project...soft dolls/toys, sewing, quilting crocheting, embroidery, etc. Beginners through advanced welcome. Basis craft skills recommended. Sewing machines available.

Materials: To be discussed first day of class.

In person. Site: I1. Instructor: S. Sjostrom, Email: ssjostrom@scusd.net

Day	Time	Date	Sess.	Fee
T	10am-12pm	8/17-09/14	5	\$85
T	10am-12pm	9/21-10/19	5	\$85
T	10am-12pm	10/26-12/14	7	\$120

VISUAL ARTS

Acrylic & Oil Painting

Make friends with your inner Da Vinci! Demos, exercises, lectures on the fundamentals of drawing, composition, color theory, palette organization, and more. A guided project for beginners. Group and individual critique in encouraging environment. All skill levels welcome. ESL friendly. Questions? Email instructor or visit www.classesbyjaninesahm.com.

Materials: See materials list at <http://bit.ly/SCAECclassesByJanine>

Hybrid. Site: Online & H2. Instructor: J. Sahm, Email: jsahm@scusd.net

Day	Time	Date	Sess.	Fee
T	7-9:30pm	8/17-10/05	8	\$190
T	7-9:30pm	10/26-12/14	7	\$167

Drawing All Levels

Visually translate the world around you! Demos, exercises, and lectures on fundamentals of shape, value, composition, and perspective. Group and individual critique in encouraging environment. All skill levels welcome. ESL friendly. Questions? Email instructor or visit www.classesbyjanine-sahm.com.

Materials: See materials list at <http://bit.ly/SCAECclassesByJanine>

Hybrid. Site: Online & H2. Instructor: J. Sahm, Email: jsahm@scusd.net

Day	Time	Date	Sess.	Fee
M	12:15-2:15pm	8/16-10/11	8	\$152
M	12:15-2:15pm	10/25-12/13	7	\$134
TH	6:30-8:30pm	10/28-12/16	6	\$115

Drawing to Painting

Divine and refine your unique voice! Demos, exercises, lectures, and a guided project steer you through conceiving, developing, and executing your own original artwork. Group and individual critique in encouraging environment. All skill levels welcome. ESL friendly. Questions? Email instructor or visit www.classesbyjaninesahm.com.

Materials: See materials list at <http://bit.ly/SCAECclassesByJanine>

Hybrid. Site: Online & H2. Instructor: J. Sahm, Email: jsahm@scusd.net

Day	Time	Date	Sess.	Fee
TH	6:30-8:30pm	8/19-10/07	8	\$152

Watercolor/Pen & Ink

Explore and express your soul! Demos, exercises, lectures develop drawing and painting fundamentals like brush technique, color theory, composition, and more. Group and individual critique in encouraging environment. All skill levels welcome. ESL friendly. Questions? Email instructor or visit www.classesbyjanine-sahm.com.

Materials: See materials list at <http://bit.ly/SCAECclassesByJanine>

Hybrid. Site: Online & H2. Instructor: J. Sahm, Email: jsahm@scusd.net

Day	Time	Date	Sess.	Fee
T	9:30am-12pm	8/17-10/05	8	\$190
T	9:30am-12pm	10/26-12/14	7	\$167

WOODWORKING

Band Saw Jewelry Box

Build a beautiful 2 drawer jewelry box with flowing lines from solid walnut material. See SCAE website for a picture. You will make extensive use of the band saw for cutting compound curves followed by drum and spindle sander to finish all surfaces.

Prerequisites: An intermediate skill level in woodworking.

In person. Site: Buchser/F3. Instructor: L. Truhe, Email: ltruhe@scusd.net

Day	Time	Date	Sess.	Fee
M	6-10pm	11/01-11/15	3	\$185

Classical Woodcarving

Understand the basics of woodcarving, including names and uses of different tools, and the nature of the material. We will make a simple carving to get you acquainted with the material and a feel for the work. Along the way, the instructor will give history, personal experience and anecdotes. Tools and materials provided.

In person. Site: H2. Instructor: B. Ross, Email: brossdesigns@sbcglobal.net

Day	Time	Date	Sess.	Fee
S	10am-2pm	8/28-08/28	1	\$55
S	10am-2pm	10/16-10/16	1	\$55
S	10am-2pm	11/13-11/13	1	\$55

Coasters, Set of 8

An excellent entry level class. Build an attractive set of coasters for yourself or give as gifts for the holiday season. Uses three different hardwoods for a colorful pattern. Class can be completed in only one evening session. All materials are included in the class fee of \$55.

In person. Site: Buchser/F3. Instructor: L. Truhe, Email: ltruhe@scusd.net

Day	Time	Date	Sess.	Fee
M	6-10pm	8/30	1	\$55
M	6-10pm	10/25	1	\$55

Cutting Board, Simple

This is an excellent project for an entry level woodworker. Build an 11x15" cutting board made from alternating walnut and maple pieces laminated together. See SCAE website for a picture. All cutting and assembly will be done in the 1st class with finishing operation done in the 2nd class. Learn how to use a table saw, jointer, planer and sanders.

In person. Site: Buchser/F3. Instructor: L. Truhe

Day	Time	Date	Sess.	Fee
F	6-9:30pm	12/10-12/17	2	\$75

End Grain Cutting Board

Create a professional grade end grain cutting board with a multi variety wood pattern. Combine 7 or 8 other similar boards and in a unique way to produce an impressive end product. Overall size is 11x16 inches. See SCAE website for a picture. Learn how to combine various hardwoods patterns with zero glue lines using very slow set glues. Not for beginners.

Prerequisites: Previous basic cutting board class.

In person. Site: Buchser/F3. Instructor: L. Truhe, Email: ltruhe@scusd.net

Day	Time	Date	Sess.	Fee
F	6-10pm	8/20-09/10	4	\$205

Finger Joint Keepsake Box

Build a small 5"x8" stylish keepsake box with a contrasting lid. Highly figured hardwoods materials are used. See SCAE website for a picture. Material cost included in class fee.

Prerequisites: Completion of Fundamentals or other entry level class. Intermediate skill level recommended.

In person. Site: Buchser/F3. Instructor: L. Truhe, Email: ltruhe@scusd.net

Day	Time	Date	Sess.	Fee
F	6-10pm	7/30-08/13	3	\$185

Fundamentals of Woodworking

Comprehensive 16 hr class for beginning woodworkers. Learn to safely and efficiently operate 85% of the power tools in our shop. Class size is limited to 8 students. This is a popular class that fills early. Each student will learn to build their own small spice rack. Upon completion you are eligible to sign up for more advanced woodworking classes. Due to the impact of other classes, this woodworking class is offered on Sundays only, special arrangements required.

In person. Site: Buchser/F3. Instructor: L. Truhe

Day	Time	Date	Sess.	Fee
Sun	8am-4pm	8/15-08/22	2	\$225
Sun	8am-4pm	10/03-10/10	2	\$225

WOODWORKING (continued)

Furniture Design and Woodworking

Safely operate all major hand and power tools in our fully equipped shop. Design and implement a project of your choosing with instructor assistance. Gain skills and confidence in woodworking and design. Make safety and proper use of tools and machinery your priority. No prior experience required. All levels welcome. New students to class must attend 1st two sessions and complete assigned project.

Materials: To be provided by the student.

In person. Site: Buchser/F3. **Instructors:** D. Hecker, S. Zamora, **Emails:** dhecker@scusd.net, szamora@scusd.net

Day	Time	Date	Sess.	Fee
T	9am-12pm	8/17-10/19	10	\$275
T	6:30-9:30pm	8/17-10/19	10	\$275
W	6:30-9:30pm	8/18-10/20	10	\$275
TH	6:30-9:30pm	8/19-10/21	10	\$275
S	10am-2pm	8/21-10/23	10	\$370
S	4-7pm	8/21-10/23	10	\$275
T	6:30-9:30pm	10/26-12/14	7	\$193
T	9am-12pm	10/26-12/14	7	\$193
W	6:30-9:30pm	10/27-12/15	7	\$193
TH	6:30-9:30pm	10/28-12/16	6	\$165
S	10am-2pm	10/30-12/18	7	\$257
S	4-7pm	10/30-12/18	7	\$193

Safety Class for New Furniture Design Students

Mandatory safety session for new students who are enrolled in Furniture & Design Class. You must be enrolled in one of our Furniture Design and Woodworking Classes to enroll in this safety session.

Prerequisites for Safety Class for New Furniture Design Students: Must be registered for Furniture Design & Woodworking.

In person. Site: Buchser/F3. **Instructor:** D. Hecker, **Email:** dhecker@scusd.net

Day	Time	Date	Sess.	Fee
W	6:30-9:30pm	8/11	1	Free

Step Stool

This class is perfect for beginners. We will build a simple wooden non-folding step stool/small sitting bench. Please wear short sleeved shirt/t-shirt and closed-toed shoes. Women strongly encouraged to attend. Learn multi joinery techniques. All materials provided. For questions: catruhes@sbcglobal.net.

In person. Site: Buchser/F3. **Instructor:** L. Truhe, **Email:** ltruhe@scusd.net

Day	Time	Date	Sess.	Fee
M	6:30-9:30pm	8/02-08/16	3	\$85
F	6:30-9:30pm	10/01-10/15	3	\$85

Torii Keepsake Box

This small 7" jewelry box with a Japanese inspired design makes a perfect keepsake gift. See SCAE website for a picture. Contrasting hardwood materials will be used. 10 separate wood pieces, each carefully cut, will fit together in the final finished product. It will require table saw, band saw and power sanding skills.

Prerequisites: Intermediate woodworking skills.

In person. Site: Buchser/F3. **Instructor:** L. Truhe, **Email:** ltruhe@scusd.net

Day	Time	Date	Sess.	Fee
F	6:30-9:30pm	11/05-11/19	3	\$145

Wine Rack

Build a small 8 bottle wine rack in walnut that can sit on a counter. Learn how to create stylized advanced panel joinery. The wine rack will be made of maple. The unit will consist of 3 rows of open racks with a solid top shelf. Its overall dimensions are 13.5" (W), 19.5" (H) and 9" (D).

Materials: Included in the fee.

Prerequisites: Intermediate to advanced skill level required.

In person. Site: Buchser/F3. **Instructor:** L. Truhe, **Email:** ltruhe@scusd.net

Day	Time	Date	Sess.	Fee
M	6-10pm	11/29-12/20	4	\$225



WORLD LANGUAGES

French Beginning I

Bonjour! Students with some French instruction will learn the fundamentals of French pronunciation and will develop basic everyday conversational skills with focus on phonetics, grammar, listening comprehension, reading and writing exercises. The students will also become familiar with French culture and customs.

Textbook: *Dis-moi!* ISBN 0673216284

Online. Instructor: P. Sarraf, **Email:** psarraf@scusd.net

Day	Time	Date	Sess.	Fee
W	7-9pm	8/18-10/20	10	\$182
W	7-9pm	10/27-12/15	7	\$127

French Beginning II

Students will improve pronunciation and sentence structure. They will learn speaking and writing about present, past and future events. The focus is on conversation, grammar and listening comprehension. Students will also become familiar with French culture and customs.

Textbook: *Dis-moi!* Chapter 6, ISBN: 0673216284

Prerequisites: French Beginning I

Online. Instructor: P. Sarraf, **Email:** psarraf@scusd.net

Day	Time	Date	Sess.	Fee
M	7-9pm	8/16-10/25	10	\$182
M	7-9pm	11/01-12/13	7	\$127

Italian Beginner 1

Ciao! Have fun learning this beautiful Italian language and its culture! Express yourself through salutations, pronunciation; learn the alphabet, gender & number of nouns, verbs "to be" and "to have", and definite & indefinite articles.

Textbook: *Prego!* 5th ed., ISBN: 0-07-365513-9. Can be purchased online as used (www.dealoz.com).

In person. Site: TBD. **Instructor:** A. Callegari, **Email:** acallegari@scusd.net

Day	Time	Date	Sess.	Fee
T	6-7:30pm	8/17-10/19	10	\$140

Italian Beginner 2

Bentornati! (Welcome back!) Communicate in the present tense with verbs ending in -are/-ere/-ire, irregular verbs, possessives, 'This' and 'That', direct object pronouns, and how to tell time.

Textbook: *Prego!* 5th ed., ISBN: 0-07-365513-9. Can be purchased online as used (www.dealoz.com).

Prerequisites: Italian Beginner 1 or equivalent

In person. Site: TBD. **Instructor:** A. Callegari, **Email:** acallegari@scusd.net

Day	Time	Date	Sess.	Fee
T	6-7:30pm	10/26-12/14	7	\$98

Italian Intermediate 1

Forza, Continuiamo! Deepen and expand your knowledge of Italian! Be ready to immerse yourself in the reflexive verbs, adverbs, Imperfetto and Trapassato verbs, and suffixes.

Textbook: *Prego!* 5th ed., ISBN: 0-07-365513-9. Can be purchased online as used (www.dealoz.com).

Prerequisites: Beginner 3 or equivalent

In person. Site: TBD. **Instructor:** A. Callegari, **Email:** acallegari@scusd.net

Day	Time	Date	Sess.	Fee
T	7:35-9:05pm	8/17-10/19	10	\$140

Italian Intermediate 2

Sempre Avanti! Focus on stressed pronouns, degrees of comparison, the Futuro verb, the impersonal pronouns 'si', and particular feminine nouns.

Textbook: *Prego!* 5th ed., ISBN: 0-07-365513-9. Can be purchased online as used (www.dealoz.com).

Prerequisites: Italian Intermediate 1 or equivalent

In person. Site: TBD. **Instructor:** A. Callegari, **Email:** acallegari@scusd.net

Day	Time	Date	Sess.	Fee
T	7:35-9:05pm	10/26-12/14	7	\$98

Italian Advanced 2

Forza! You are almost at the Finish Line! Learn the Passato Remoto tense, 'Volerci and Metterci', Presente and Passato Congiuntivo.

Textbook: *Prego!* 5th ed., ISBN: 0-07-365513-9. Can be purchased online as used (www.dealoz.com).

Prerequisites: Italian Advanced 1

Online. Instructor: A. Callegari, **Email:** acallegari@scusd.net

Day	Time	Date	Sess.	Fee
TH	6-7:30pm	8/19-10/21	10	\$140

WORLD LANGUAGES (continued)

Italian Advanced 3

Congratulazioni! You can now speak like an Italian! Master the highest levels of the language grammar with the last two verb tenses of the Congiuntivo and their sophisticated uses.

Textbook: *Prego! 5th ed.*, ISBN: 0-07-365513-9. Can be purchased online as used (www.dealoz.com).

Prerequisites: Italian Advanced 2 or equivalent

Online. Instructor: A. Callegari, Email: acallegari@scusd.net

Day	Time	Date	Sess.	Fee
TH	6-7:30pm	10/28-12/16	6	\$85

Italian Conversation through Short Articles

Enjoy class conversation after reading brief articles on current events, by answering questions based on the readings, and discussing personal point of views. This class is suitable for students who would like to enrich their vocabulary and practice their reading and speaking abilities.

Textbook: *Italia & Italia*, Alma edizioni, ISBN 88-87600-00-7. Can be purchased online as used.

Prerequisites: Italian Intermediate-Advanced or equivalent

Online. Instructor: A. Callegari, Email: acallegari@scusd.net

Day	Time	Date	Sess.	Fee
TH	7:35-9:05pm	8/19-10/21	10	\$140

Italian Verbs Review

Conjugations, still Conjugations! It's all about the verbs! Review tenses and modes of the Italian language from regular to irregular verb forms. Textbook offers easy-to-understand grammar charts, games, quizzes, riddles, learning strategies, useful tips, and exercises with references to the Italian reality.

Textbook: *I Verbi Italiani*, ISBN 88-86440-87-1, 2004 Alma Edizioni. Can be purchased online as used (www.dealoz.com).

Prerequisites: Italian Intermediate

Online. Instructor: A. Callegari, Email: acallegari@scusd.net

Day	Time	Date	Sess.	Fee
TH	7:35-9:05pm	10/28-12/16	6	\$85

Japanese 1A

Class is designed for students who have never studied Japanese or have little knowledge. Students will learn the pronunciation, writing systems, greetings, numbers, phrases, simple conversations and culture.

Online. Instructor: K. Iwasaki, Email: kiwasaki@scusd.net

Day	Time	Date	Sess.	Fee
T	5:30-7pm	8/17-10/05	8	\$115
T	5:30-7pm	10/19-12/14	8	\$115

Japanese 1B

This class is for students who know basic phrases and Japanese writing system, Hiragana and Katakana. Expand vocabulary, phrases, grammar patterns, cultures. Basic Kanji characters will be introduced.

Online. Instructor: K. Iwasaki, Email: kiwasaki@scusd.net

Day	Time	Date	Sess.	Fee
W	5:30-7pm	8/18-10/06	8	\$115
W	5:30-7pm	10/20-12/15	8	\$115

Spanish Beginning 1A

Learn greetings, activities, conjugation in present tense, verb to be, like, and basic communication skills in Spanish. Learn to write grammatically correct simple sentences.

Textbook: *Avancemos 1*

Online. Instructor: V. Sobremazas, Email: csobremazas@scusd.net

Day	Time	Date	Sess.	Fee
T, TH	6:30-7:30pm	8/17-09/30	14	\$130

Spanish Beginning 1B

Learn more adjectives and comparisons of equality, formation of direct commands, possessive adjectives, demonstrative adjectives, stem changing verbs of ar y er. We will do more advanced readings and practice your speaking skills.

Textbook: *Avancemos 1 (second part)*

Prerequisites: Spanish 1A

Online. Instructor: V. Sobremazas, Email: csobremazas@scusd.net

Day	Time	Date	Sess.	Fee
T, TH	6:30-7:30pm	10/05-11/23	14	\$130




Exercise & Wellness

With our wide range of exercise and wellness classes, there's something for everyone. For additional class information, visit our website at www.SantaClaraAdultEd.org.

Offering courses in:

Dance.....	12
Exercise.....	12
Fencing.....	13
Team Sports.....	13

Water Exercise.....	14
Wellness.....	15
Yoga.....	15



Ways to Register:

- Online at santaclaraadulted.org
- Call (408) 423-3500
- Visit the office

DANCE

Bachata Dance Beginner

Learn the basic foundation of Bachata in relaxing and fun atmosphere. This class focuses on beginner friendly footwork and partner technique. No partners, no experience required. Question/answer or practice time after class.

In person. Site: Gym. Instructor: N. Melnychenko, Email: nmelnychenko@scud.net

Day	Time	Date	Sess.	Fee
TH	6:30-7:30pm	8/19-10/07	8	\$80
TH	6:30-7:30pm	10/14-12/16	8	\$80

Country Western Line Dance

This one hour exercise program will improve your cardiovascular fitness, muscle coordination, mental agility and group interaction with the fun and skills of line dancing. No partners needed.

In person. Site: TBD. Instructor: S. Sjostrom, Email: ssjostrom@scud.net

Day	Time	Date	Sess.	Fee
W	10:30-11:30am	8/18-10/20	10	\$100
TH	10:30-11:30am	8/19-10/21	10	\$100
W	10:30-11:30am	10/27-12/15	7	\$70
TH	10:30-11:30am	10/28-12/16	7	\$70

Salsa Dance Beginner

Discover rhythm and timing of salsa music. Learn how to lead and follow your partner, basic footwork, dance positions and dance patterns. No partners, no experience required. Question/answer or practice time after class.

In person. Site: Gym. Instructor: N. Melnychenko, Email: nmelnychenko@scud.net

Day	Time	Date	Sess.	Fee
TH	8-9pm	8/19-10/07	8	\$80
TH	8-9pm	10/14-12/16	8	\$80

EXERCISE

Feldenkrais, Awareness Through Movement

Feldenkrais method is for anyone who wants to reconnect with their natural abilities to move, think and feel. We'll focus on the relationship between movement and thought. Increased mental awareness and creativity accompany physical movement.

Materials: Mat or towel.

Hybrid. Site: P3 & Online. Instructor: R. Urrutia, Email: rurrutia@scud.net

Day	Time	Date	Sess.	Fee
TH	6:30-7:30pm	8/15-10/21	10	\$100
TH	6:30-7:30pm	10/28-12/16	7	\$70

Senior Aerobics

This dynamic exercise class encourages active seniors to develop cardiovascular conditioning, muscular strength, balance, coordination and flexibility. Exercising to music extends beyond the self as many class members like to demonstrate for community activities.

EXERCISE (continued)

Senior Aerobics

In person. Site: Gym. Instructor: B. Myers

Day	Time	Date	Sess.	Fee
T	8:30-9:30am	8/17-10/19	10	\$100
TH	8:30-9:30am	8/19-10/21	10	\$100
T	8:30-9:30am	10/26-12/14	7	\$70
TH	8:30-9:30am	10/28-12/16	7	\$70



FENCING

Fencing All Levels

Defend your honor and get some exercise! Build the skills necessary for the duel—offense, defense, counteroffense, footwork, precision and efficiency of movement, confidence, and more. All skill levels welcome. Wear comfortable athletic clothes (no dark colors, please) and shoes. All necessary equipment supplied. Questions? Email instructor or visit <https://classesbyjaninesahm.weebly.com>.

In person. Site: Gym. Instructor: J. Sahm, Email: jsahm@scusd.net

Day	Time	Date	Sess.	Fee
W	7pm-8:30pm	8/18-10/06	8	\$145
W	7pm-8:30pm	10/27-12/15	7	\$126

Fencing Pedagogy

Make fencing a lifestyle choice! Master the skills necessary to win a duel and to teach the next generation of sword-persons. Certification as a fencing teacher is offered, though not obligatory. All necessary equipment supplied. Questions? Email instructor or visit <https://classesbyjanine-sahm.weebly.com>.

In person. Site: Gym. Instructor: J. Sahm, Email: jsahm@scusd.net

Day	Time	Date	Sess.	Fee
S	10:45am-1:45pm	8/21-10/09	8	\$220
S	10:45am-1:45pm	10/30-12/18	7	\$193

TEAM SPORTS

Soccer: Indoor Co-Ed

For intermediate to advanced level male or female players. Class is structured around game strategy, teamwork and sportsmanship. All instruction is done through team play with an emphasis on enjoyment. Class Limit: 16

Prerequisites: Soccer, beginner level.

In person. Site: Gym. Instructor: P. Volta, Email: pvolta@scusd.net

Day	Time	Date	Sess.	Fee
M	8:30-10pm	8/16-10/18	9	\$110
TH	7:45-9:45pm	8/19-10/21	10	\$150
M	8:30-10pm	10/25-12/13	7	\$85
TH	7:45-9:45pm	10/28-12/16	7	\$105

Soccer: Indoor Women

For all levels of playing ability, although basic skills and knowledge recommended. Classes will include development of technique, tactics and sportsmanship. All

instruction is done through team play with an emphasis on enjoyment. Class limit: 16

In person. Site: Gym. Instructor: P. Volta, Email: pvolta@scusd.net

Day	Time	Date	Sess.	Fee
M	7-8:30pm	8/16-10/18	9	\$110
M	7-8:30pm	10/25-12/13	7	\$85

Volleyball

Class is designed for people who have some volleyball experience with an emphasis on game play. Drills and some basic review of skills will be reviewed including serving, passing and digging. Come experience a sport that involves both physical and social dynamics!

In person. Site: Gym. Instructor: R. Negrete, Email: rnegrete@scusd.net

Day	Time	Date	Sess.	Fee
T	7-10pm	8/17-10/19	10	\$180

WATER EXERCISE

Lap Swim/Water Walk

Come enjoy an independent water workout in one of our six lanes! Five lanes will be provided for lap swimming and one lane for water walking/exercises with staff supervision.

In person. Site: Pool. Instructors:
P. Mount, N. Meck, Emails:
pmount@scusd.net, nmeck@scusd.net

Day	Time	Date	Sess.	Fee
T	11:30am-12:45pm	8/17-10/19	10	\$100
W	11:30am-12:45pm	8/18-10/20	10	\$100
TH	11:30am-12:45pm	8/19-10/21	10	\$100
T	11:30am-12:45pm	10/26-12/14	7	\$70
W	11:30am-12:45pm	10/27-12/15	7	\$70
TH	11:30am-12:45pm	10/28-12/16	7	\$70

Swim 1

Designed for people with little or no swim experience. Exercises will be provided to stimulate relaxation and comfort in the water. Walking across the shallow width, exhaling (bubble blowing), floating on front and back will be explored in this class. Steps to the crawl stroke is ultimate goal of class: glide, kick and arm movements.

In person. Site: Pool. Instructor: P. Mount, Email: pmount@scusd.net

Day	Time	Date	Sess.	Fee
T	7:30-8:15pm	8/17-10/19	10	\$100
S	11:15am-12:00pm	8/21-10/23	10	\$100
T	7:30-8:15pm	10/26-12/14	7	\$70
S	11:15am-12:00pm	10/30-12/18	7	\$70



Swim 2

Drills to focus on arm and length technique will be reviewed as well as side breathing. Goal of class is to swim the 25 yard length of pool. Laps or yardage will be added to workouts based on individual needs. Water treading, backstroke, breaststroke and butterfly will be emphasized.

Prerequisites: Swim 1 or related experience

In person. Site: Pool. Instructor: P. Mount, Email: pmount@scusd.net

Day	Time	Date	Sess.	Fee
TH	7:30-8:15pm	8/19-10/21	10	\$100
S	12:15-1pm	8/21-10/23	10	\$100
TH	7:30-8:15pm	10/28-12/16	7	\$70
S	12:15-1pm	10/30-12/18	7	\$70

Swim All Levels

Class will be set up for swimmers at any level to join! The instructor has over 25 years of experience in working with students that are brand new to the water, advanced swimmers and everyone in between! Whether you want to gain more comfort in the water or develop more technical skills with the various strokes, this class is for you!

In person. Site: Pool. Instructor: N. Meck, Email: nmeck@scusd.net

Day	Time	Date	Sess.	Fee
M	6:15-7pm	8/16-10/18	9	\$110
M	6:15-7pm	10/25-12/13	7	\$85
W	6:15-7pm	8/18-10/20	10	\$120
W	6:15-7pm	10/27-12/15	7	\$85

Water Exercise

Water provides opportunities to modify land based movements such as jumping jacks, cross country ski, jump rope without the impact on joints! Change of speed and directions in the water creates resistance in the water building muscular strength and endurance. Guided exercises will promote range of motion for the entire body: arms, legs, hips, back, chest while feeling the comfort of the water!

In person. Site: Pool. Instructors: P. Mount, N. Meck, T. Debbage, Emails:
pmount@scusd.net, nmeck@scusd.net, tdebbage@scusd.net

Day	Time	Date	Sess.	Fee
M	5-6pm	8/16-10/18	10	\$100
T	8-9am	8/17-10/19	10	\$100
T	10-11am	8/17-10/19	10	\$100
T	6:15-7:15pm	8/17-10/19	10	\$100
W	7-8am	8/18-10/20	10	\$100
W	8:30-9:30am	8/18-10/20	10	\$100
W	10-11am	8/18-10/20	10	\$100
W	5-6pm	8/18-10/19	10	\$100
TH	8-9am	8/19-10/21	10	\$100
TH	10-11am	8/19-10/21	10	\$100
TH	6:15-7:15pm	8/19-10/21	10	\$100
F	7-8am	8/20-10/22	10	\$100
F	10-11am	8/20-10/22	10	\$100
F	8:30-9:30am	8/20-10/22	10	\$100
S	10-11am	8/21-10/23	10	\$100
M	10-11am	10/25-12/13	7	\$70

WATER EXERCISE (continued)

Day	Time	Date	Sess.	Fee
M	5-6pm	10/25-12/13	7	\$70
T	10-11am	10/26-12/14	7	\$70
T	8-9am	10/26-12/14	7	\$70
T	6:15-7:15pm	10/26-12/14	7	\$70
W	10-11am	10/27-12/15	7	\$70
W	7-8am	10/27-12/15	7	\$70
W	8:30-9:30am	10/27-12/15	7	\$70
W	5-6pm	10/27-12/15	7	\$70
TH	8-9am	10/28-12/16	7	\$70
TH	10-11am	10/28-12/16	7	\$70
TH	6:15-7:15pm	10/28-12/16	7	\$70
F	7-8am	10/29-12/17	7	\$70
F	8:30-9:30am	10/29-12/17	7	\$70
F	10-11am	10/29-12/17	7	\$70
S	10-11am	10/30-12/18	7	\$70



Warm water classes to be determined based on indoor pool openings.

WELLNESS

Breath Awareness and Meditation

Discover breathing techniques to release tension in the body as well as the many types of meditation. Practice stretches to release accumulated body stress.

Explore self-scanning to help with body awareness.

In person. Site: TBD. Instructor:
L. Gronlund, Email: lgronlund@scusd.net

Day	Time	Date	Sess.	Fee
T	10:15-11:30am	9/21-10/05	3	\$40

YOGA

Hatha Yoga

Class is perfect for all levels of students! You will increase flexibility, core strength and stamina by moving into various postures. You will learn to be aware of healthy breathing patterns and to reduce stress through relaxation and meditation techniques. Class combines ancient yoga traditions with advances in the modern science of mind/body to provide a blend of useful ways to move through life.

Materials for Hatha Yoga: Yoga mat, block, and strap. Eye pillow optional.

Online. Instructor: D. Russell, Email:
drussell@scusd.net

Day	Time	Date	Sess.	Fee
TH	7-8:15pm	8/26-10/28	10	\$125

Mindful Chair Yoga

Chair yoga is a safe and effective way to enjoy the great health benefits of yoga. The class introduces you to mindful movements and breathing exercises as well as meditation, conducted either while seated or standing with a support of chair. No prior yoga experience needed.

Hybrid. Site: Q7 & Online. Instructor:
M. Niwa, Email: mniwa@scusd.net

Day	Time	Date	Sess.	Fee
T	9:30-10:30am	8/17-10/19	10	\$100
T	9:30-10:30am	10/26-12/14	7	\$70

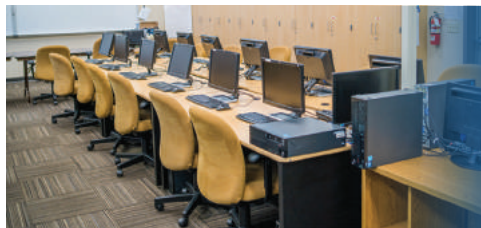
Vinyasa Yoga

Develop a more balanced body by building your flexibility, strength, and inner being with Vinyasa Yoga. Vinyasa, which means variation within a prescribed parameters, builds on a sequence of postures initiated by breath to awaken your mind, body, and soul. Come connect your body and your breath with one of the most popular forms of Yoga practice in the world today.

Materials for Vinyasa Yoga: Yoga Mat, Yoga Blocks, Blanket or Towel.

Online. Instructor: P. Svendsen, Email:
psvendsen@scusd.net

Day	Time	Date	Sess.	Fee
M	7-8am	8/16-10/18	9	\$90
W	7-8am	8/18-10/13	9	\$90
M	7-8am	10/25-12/13	7	\$70
W	7-8am	10/27-12/15	7	\$70



Career Technical Education

We offer career training programs to provide students with the relevant skills for the 21st century labor market demands. Our classes are taught by industry professionals and can be taken individually to meet personal goals or in sequence towards a Program Certificate.

Offering courses in:

Administrative & Office Skills Training.....16

Computer Applications.....	17
Food Service.....	17
Healthcare Training.....	18



Ways to Register:

- Online at santaclaradulted.org
- Call (408) 423-3500
- Visit the office

ADMINISTRATIVE AND OFFICE SKILLS TRAINING

Administrative Assistant

This is a comprehensive course covering all aspects of the scope of administrative tasks in a modern office environment which includes 21st century office technology, foundations of MS Office, Office 365, Google G-Suite, interpersonal and communication skills, customer service, problem solving, critical thinking, and types of professional certifications. Students will receive a Certificate of Completion as an Administrative Assistant.

Materials: *The Administrative Professional: Technology & Procedures, e-Book, 15th e, Rankin/Shumack, ISBN:9780357688328*

Prerequisites: Computer literate, 8th grade Math and English.

Hybrid. Site: Online & K1. Instructor: L. Pereira, Email: lpereira@scusd.net

Day	Time	Date	Sess.	Fee
T, W, TH	6-9pm	8/10-12/09	50	\$310

Administrative Professional

Today's administrative professionals juggle multiple responsibilities and they support hectic offices and busy executives. This requires a whole new skill set for anyone moving into this career field. This career training consists of 2 courses. Students will have to complete "Administrative Assistant" and "QuickBooks" in order to receive this certificate. They may enroll in both courses simultaneously and thus complete the training in 1 semester or take one course per semester and receive the program certificate upon completion of both classes.

Materials: *The Administrative Professional: Technology & Procedures, eBook, 15th e, Rankin/Shumack, ISBN:9780357688328; Quickbooks: E-textbook available at <http://bit.ly/SCAEQuickbooksPro>*

Prerequisites: Min 8th grade math skills. Must have Windows operating system. Access to computer and Wifi/Internet.

Hybrid. Site: Online & K1. Instructors: L. Pereira, V. Chand

Day	Time	Date	Sess.	Fee
T, W, TH	6-9pm	8/10-12/09	65	\$310

Microsoft Office and Office 365 (Windows Only)

Achieve proficiency in word processing, spreadsheet, presentation, and database which will provide you them with the foundation of technology skills valued by employers. Course will be held on campus in our computer lab where students have access to the MS Office Suite. Students will also have the option to join the class virtually. Students who choose the virtual option must have a version of Office 365 or the Office Suite 2019 downloaded to their device. Course covers Word, Excel, PowerPoint and Access.

Materials: E-Textbook and license available on www.lablearning.com:

Alec Fehl, Alex Scott, Ben Linford, and Ian Ewell, ITEM: 1-64061-068-5, ISBN: 978-1-64061-068-2

Hybrid. Site: Online & K2. Instructor: A. Kodi, Email: akodi@scusd.net

Day	Time	Date	Sess.	Fee
S	9am-1pm	8/14-12/18	18	\$69

ADMINISTRATIVE AND OFFICE SKILLS TRAINING (continued)

Payroll Accounting and Bookkeeping, NCBU 001

This West Valley Community College/SCAE course covers the foundation required for success in calculating payroll, completing payroll taxes, and preparing payroll records and reports, focusing on practical applications as well as theory. Students have the opportunity to gain firsthand experience practicing concepts with useful, hands-on

exercises involving relevant, detailed examples and real-life business applications. Email Sajeemas Pasakdee, Transition Specialist to enroll at spasakdee@scusd.net.

Online. Instructor: F. Fakoor, Email: farima.fakoor@missioncollege.edu

Day	Time	Date	Sess.	Fee
W	6-9:05pm	9/1-12/15	16	Free

COMPUTER APPLICATIONS

Programming in Python, Introduction

Gain an introduction to the Python programming language. Basic knowledge of another programming language is highly recommended. The focus is on testability with weekly hands-on lab exercises.

Materials: Textbook: *The Quick Python Book (3 e)* by Ceder, Manning: ISBN-13: 978-1617294037

Prerequisites: Basic knowledge of any programming language.

Online. Instructor: B. Avula, Email: bavula@scusd.net

Day	Time	Date	Sess.	Fee
M	6:30-9:30pm	9/13-11/15	10	\$329

QuickBooks Pro: Comprehensive

Gain proficiency in the software used by over 5.5 million small businesses in the United States. Students can download Quickbooks for free on first day of class. Learn how to customize QuickBooks files for a typical company, work with vendors and customers, reconcile bank accounts, work with estimates and time tracking, manage balance sheet accounts and budgets, and close books. This class counts towards the Administrative Professional Program Certificate.

Materials: E-textbook available at <http://bit.ly/SCAEQuickbooksPro>

Prerequisites: Min 8th grade math skills. Must have Windows operating system. Access to computer and Wifi/Internet.

Online. Instructor: V. Chand, Email: vchand@scusd.net

Day	Time	Date	Sess.	Fee
F	6-9pm	8/13-11/19	15	\$89



FOOD SERVICE

Sanitation and Safety HM 050

This Mission College/Santa Clara Adult Education class uses the National Restaurant Association Education Foundation's ServSafe® materials to certify students as food service safety managers. Course includes personal hygiene, types of hazards in food service, prevention and control of pathogens and other contaminants in food. Systems for tracking food safety including HACCP and responding to outbreaks and

inspections are taught. Students completing the final exam with 75% correct will be certified food safety managers in all 50 states for 5 years. C-ID # HOSP 110. Asynchronous class. Email Sajeemas Pasakdee, Transition Specialist to enroll, spasakdee@scusd.net. Fees apply.

Online. Instructor: D. Arias, Email: daniel.arias@missioncollege.edu

Dates: 8/28-12/18. Class can be taken 24/7.

HEALTHCARE TRAINING



Medical Assistant

Step into one of the fastest growing career fields in the United States and become proficient in front and back office skills including: Electronic Health Record Keeping, Insurance Billing and Coding, Computerized Practice Management, Vital Signs, Injections and Blood Draws, Clinical and Cardiology Procedures. FREE Resume

workshop included. National Certification by National Center for Competency Testing (NCCT) is available at end of class. Day and evening class times available.

Materials: Discussed at orientation.

Prerequisites: High School Diploma or equivalent. Must attend an online orientation or watch an online web tutorial prior to enrollment.

Hybrid. Site: Online & P1. Instructors: M. King, G. Lopez, Email: mking@scusd.net

Day	Time	Date	Sess.	Fee
M-F	8:30am-2pm	9/27-02/03	75	\$1500
M-F	5-9pm	11/29-05/12	98	\$1500

Medical Assistant Orientation (online, instructor-led)

Potential students of the Medical Assistant program must attend an orientation prior to enrollment. They may choose between this instructor-led online session or a self-pace web tutorial. Students signing up for this session will receive an invite to join via Google Meet.

Online. Instructor: TBD.

Day	Time	Date	Sess.	Fee
W	6-7pm	7/14-12/15	1	Free





Are you a recent immigrant and need to learn how to speak English? Do you want to improve your English to get a better job? Join one of our free Beginning through Advanced ESL classes. Special classes are available, some have fees.

What classes are available?

Classes provide practice in speaking, listening, reading, and writing.

What levels are available?

Beginning Literacy / Low Beginning
Low Beginning / High Beginning
High Beginner / Low Intermediate
Low Intermediate / High Intermediate
Upper Intermediate / Advanced

What are the days and times?

M-TH, 9:00-11:30am
T, W, TH, 6:30-9:00pm

How do I sign up?

New students and students who have left our school for more than 6 months must register for the placement test. Please visit the website at www.santaclaradulted.org/esl/ to register for the next placement test.



Ways to Register:

- Online at santaclaradulted.org
- Call (408) 423-3500
- Visit the office

FREE ESL CLASSES

ESL for Food Service

English for Food Preparation is offered through a collaboration between Mission College and Santa Clara Adult Education. This noncredit low-intermediate level ESL course develops oral and written communication skills in English within the context of food service industry. Students learn about American customer service culture and explore opportunities in food-related fields. Please note that you will need to register in Mission College and Santa Clara Adult Education.

Online. Instructor: Mission Faculty

Day	Time	Date	Sess.	Fee
M	6:30-9pm	8/30-12/13	16	Online

ESL for Childcare: Health and Safety

ESL for Childcare: Health and Safety is offered through a collaboration between Mission College and Santa Clara Adult Education. This high-beginning level course develops oral and written communication skills in English within the context of child care and parenting. Students develop listening, speaking, reading and writing skills for communicating about a child's health and safety.

Online. Instructor: Mission Faculty

Day	Time	Date	Sess.	Fee
M, W	6:30-8:30pm	8/30-12/15	30	Free

To Enroll in Santa Clara Adult Education:

Visit www.santaclaradulted.org/esl, or call (408) 423-3500, or come into the office during office hours.

To enroll in Mission College:

Complete an application at <https://missioncollege.edu/admissions/apply.html>. In 72 hours, you'll receive your student ID "G0" number. Email your G0 number and name to Sajeemas Pasakdee, Transition Specialist, at spasakdee@scusd.net.

ESL FEE BASED CLASSES

Ace Your Job Interview

This four-week class is great for non-native English speakers for overcoming common mistakes applicants make during oral interviews. Participants will learn the techniques to get a successful outcome through video recordings and role-playing.

Online. Instructor: C. Johnson, Email: cjohnson@scusd.net

Day	Time	Date	Sess.	Fee
M	6:30-8:30pm	9/13-10/04	4	\$71
M	6:30-8:30pm	10/18-11/08	4	\$71

Speak Up

This class will be active, fun, and creative. Leave Shyness at the door because you have one objective: to speak up and be comfortable in expressing yourself. Activities will include role play, dialogues, charades and many more speaking activity surprises. Conversation topics will be given by the teacher, Ms. Cris Johnson.

Prerequisites: High Intermediate or Advance ESL level.

In person. Site: E4. Instructor: C. Johnson, Email: cjohnson@scusd.net

Day	Time	Date	Sess.	Fee
F	9:30-11:30am	8/20-10/15	9	\$93
F	9:30-11:30am	10/22-12/17	8	\$83



High School Equivalency

What is a High School Equivalency (HSE)?

In California, adults who left high school before graduation have another way to secure a high school equivalency credential. There are two HSE exams, the HiSET and the GED.

What does a HSE credential mean for me?

It means that, through testing, you can demonstrate you have the same skills and knowledge as a high school graduate. Once you pass the test, the California Department of Education will issue you a high school equivalency certificate.

What HSE programs do you offer?

We offer free classes to prepare you to pass one of the two exams, the HiSET and the GED.

What are the requirements?

- Adults 18 years of age or older.
- Students should speak, read and understand English.

Do you offer the official HSE exams?

We offer the official HiSET exam (paper/paper), we can provide you with information about other locations for the GED exam. Financial aid may be available for the HiSET exam. Please see your instructor for more information.

What is the schedule?

Monday-Friday, 9:00am-12:00pm
Wednesday-Friday, 12:30-3:00pm
Tuesday & Wednesday, 5:30-8:30pm

How do I get enrolled?

Contact David Grant, High School Equivalency Program Instructor at 408-423-3577 or email at dgrant@scusd.net.



Ways to Register:

- Online at santaclaraadulted.org
- Call (408) 423-3500
- Visit the office



We offer an independent study model of instruction. Students attend a weekly 30 minute appointment with the teacher, morning and evening appointments are available. Regular attendance at the weekly appointment is mandatory.

How do I enroll?

Please complete the following steps to enroll in the program: Order official transcripts and have them emailed to Myrna Zendejas, Counselor at mzendejas@scusd.net. Call the counseling office at (408) 423-3633. When there is space in the program, Myrna will contact you to schedule a counseling appointment. She will review your transcripts and talk with you about what additional credits you will need to graduate. You will also need to pay a refundable \$50 book deposit.

How many credits do I need to graduate?

One-hundred and fifty (150) credits are required for graduation.

- English/ 40
- Math/ 10
- Algebra / 10
- Health/ 2.5
- Life Science / 10
- Physical Science / 10
- Fine art or Foreign Language / 10
- Practical Art / 5
- World History / 10
- U.S. History / 10
- Government, Civics / 5
- Economics / 5
- Electives / 22.5



Ways to Register:

- Online at santaclaradulted.org
- Call (408) 423-3500
- Visit the office





Preschool & Parent Education

Wilson Preschool is a parent participation and parent education preschool where parents and children learn together. We use a developmentally-appropriate curriculum based on the HighScope model where children learn through hands-on experiences and active play. We respect and celebrate our families' diversity and provide a safe and nurturing environment. Parents actively participate in their children's classrooms once a week. Through their participation, parents learn ways to foster their

children's social, emotional, physical, intellectual and creative development. For more information, email Daya Sanchez at msanchezpalmada@scusd.net.



Ways to Register:

- Online at santaclaradulted.org
- Call (408) 423-3500
- Visit the office

Toddler Class

In person. Site: M1. Instructor: TBD

Day	Time	Date	Sess.	Fee
M	9-11:30am	9/13-01/10	16	\$256
W	9-11:30am	9/08-01/12	16	\$256

Two-year-old Class

In person. Site: M1. Instructor: D. Hall

Day	Time	Date	Sess.	Fee
T	9am-12pm	9/07-01/11	16	\$272
TH	9am-12pm	9/09-01/13	16	\$272
F	9am-12pm	9/10-01/14	16	\$272

MWF Three-year-old Class

In person. Site: M4. Instructor: J. Sawaya

Day	Time	Date	Sess.	Fee
M, W, F	9am-12pm	9/08-01/14	48	\$816

TWTH Three-year-old Class

In person. Site: M4. Instructor: N. Ronconi

Day	Time	Date	Sess.	Fee
T, W, TH	9am-12pm	9/07-01/13	48	\$816

MWF Four-year-old Class

In person. Site: M2. Instructor: S. Fischer

Day	Time	Date	Sess.	Fee
M, W, F	9am-12pm	9/08-01/14	48	\$816

TWTH Four-year-old Class

In person. Site: M4. Instructor: S. Fischer

Day	Time	Date	Sess.	Fee
T, W, TH	9am-12pm	9/07-01/13	48	\$816

Saturday Mixed-Age Class

Note: Meets every other week.

In person. Site: M4. Instructor: I. Aejaaz

Day	Time	Date	Sess.	Fee
Sat	9:30am-12pm	9/11-12/18	8	\$130

PARENT EDUCATION

Raising Resilient Children

This 10 week class is intended for parents, step parents, grandparents, parents-to-be, and educators. The class is for anyone who wants to learn more about how to strengthen and deepen their connections with children and become more influential of shaping the future.

In person. Site: D6. Instructor: C. Glover,
Email: cglover@scusd.net

Day	Time	Date	Sess.	Fee
TH	6:15-8:45am	9/23-12/09	10	\$65



Adults with Disabilities

The Independence Network and Skills Plus Programs serve adults with disabilities. To learn more about these programs, visit the About Section at www.santaclaraadult.org.



Ways to Register:

- Online at santaclaraadulted.org
- Call (408) 423-3500
- Visit the office

INDEPENDENCE NETWORK

Adaptive Classes for Adults with Disabilities

Independence Network provides training to adult students with disabilities through courses in several areas of study. The goal of the program is for students to gain knowledge and independence and build skills in their chosen area of study. The program embraces the concept that all

adults have a right to an age-appropriate education, independence, community inclusion, respect, and personal choice. New students usually come to us through a referral from the San Andreas Regional Center. If you are interested in learning more about our program, please contact Daya Sanchez at msanchezpalmada@scusd.net or call (408) 423-3674.

SKILLS PLUS

Skills Plus offers education and training for survivors of a stroke or other neurological impairments. If you are interested in joining Skills Plus or learn

more about our program, please contact Santa Clara Adult Education at santaclaraadulted@scusd.net, or call 408-423-3500, or visit our website: skillsplusprogram.org.

Communication Skills

- **Language Skills:** This class assists the student to think of words and to communicate verbally on a single word, phrase or sentence level. It also addresses the preservation of the ability to understand, retain, and recall words.
- **Enunciation:** The student learns techniques to improve pronunciation of sounds and words to enhance clarity of speech.
- **Reaching and Writing:** The student improves the ability to spell, read and write and varying levels of complexity.
- **Memory and Listening:** The student learns to improve memory skills, listen carefully, and use memory strategies.

For more information and the Mobility class schedule go to: skillsplusprogram.org or call 408-423-3500.

Hybrid. Classes start August 17.



SKILLS PLUS (continued)

Independent Living Skills

- **Meal Preparation:** The student is assisted in achieving varying degrees of independence in meal planning, task completion, sequencing, and following written as well as verbal directions in a group setting.
- **Arm, Hand, and Trunk:** The student develops and improves range of motion, sensation, tone reduction, body awareness, and pain prevention.
- **Adapted Activity/Perception:** The student learns cognitive processing, task completion and completion. The long term goal is to renew student interest in productive activity and independence.

For more information and the Independent Living Skills class schedule go to: skillsplusprogram.org or call 408-423-3500.

Hybrid. Classes start August 17.

Mobility

For stroke survivors and individuals with other neurological impairments. The mobility class focuses on increasing independence and confidence through the development of muscle strength, joint flexibility and active endurance. For more information and the Mobility class schedule go to: skillsplusprogram.org or call 408-423-3500.

Hybrid. Classes start August 17.

REGISTRATION FORM

Please answer each question below. The information will remain confidential and be used only to assist with school funding. Thank you for your cooperation.

Have you taken classes at our school before? ____ Yes ____ No

First Name: _____ Date of Birth: _____

Last Name: _____ Student I.D.: _____

Address: _____

City _____ State: _____ Zip: _____

Phone No: _____ Email: _____

In Case of Emergency Call: (Name) _____

Relationship: _____ Phone No.: _____

I have a child attending Santa Clara Public Schools: ☐ Yes ☐ No

If yes, how many? _____

All students must be 18 or older.

Course Title	Session Dates	Fee

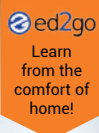
Method of Payment

☐ Cash ☐ Check # _____ ☐ Gift Certificate ☐ MasterCard ☐ VISA

Card No.: _____ Exp. Date: _____ Security Code: _____

Signature _____ Today's Date: _____

SORRY, NO REFUNDS! (SPACE WILL NOT BE RESERVED WITHOUT PAYMENT)



Online Courses

Learn online! Online courses are informative, fun, convenient, and highly interactive. Courses are project oriented and include lessons, quizzes, hands on assignments, supplementary links, and more. You can complete any course entirely from your home or office, any time of the day or night.

Courses include:

- Expert instructors
- 24-hour access

- Online discussion areas
- 6 weeks of instruction
- Over 500 courses to choose from
- Monthly start sessions



Ways to Register:

- Visit www.ed2go.com/santaclara
- Call (408) 423-3500
- Visit the office

Discover Sign Language

Gain confidence in your ability to sign with the Deaf community. This course immerses you in silence to help you gain an understanding of the perspective of the hearing impaired and uses videos to demonstrate not only how to make signs, but how to communicate with facial expression. **Fee: \$115**

Introduction to SQL

Gain a solid working knowledge of the most powerful and widely used database programming language. This course will provide you the skills to write SQL queries to create tables, retrieve data from single or multiple tables, manipulate data in a database, and gather statistics from data stored in a database. **Fee: \$115**

Intermediate SQL

Gain confidence using a wide range of advanced SQL techniques. This course will expand your SQL knowledge and provide skills for writing powerful queries that perform complicated searches and sorts of data. **Fee: \$115**

Introduction to Interior Design

Learn to transform plain living spaces into beautiful and functional rooms. This course will teach you how to design every aspect of a room while taking into account color theory, industry trends, special arrangements, floor plans, design ideas, and interior design basics. **Fee: \$115**

Lose Weight and Keep It Off

Discover how to establish a healthy approach to weight loss and weight management. By the end of this course, you'll know how to set effective goals for eating, exercise, and many other elements that affect your weight, and be on your way to losing weight and keeping it off for good. **Fee: \$115**

Personal Finance

Set clear financial goals, make the right investments, increase financial security, and be prepared to retire someday. This course will help you gain control over the financial impact of your choices with tools that are useful, realistic, and easy to work into your regular routine. **Fee: \$115**

Project Management Fundamentals

Master the essentials of project management with an experienced Project Management Professional as your guide. This course provides the concepts you need to plan, implement, control and close any type of project. **Fee: \$115**

Start Your Own Small Business

Learn how to transform your passion and talent into a viable small business. This course will teach you about financing, marketing techniques, employee management, policy writing, and time management- everything you need to know to start your very own small business. **Fee: \$115**



Where Learning and Community Meet

There's something here for you!

- Three ways to learn: in-person, hybrid and online.
- Classes offered at convenient times.

Registration is easy!

- Online: www.santaclaraadulted.org
- In-person: 1840 Benton St. Santa Clara
- By phone: (408) 423-3500

Job opportunities

We are looking for teachers who want to share their knowledge and expertise with others! Interested? Visit www.santaclaraadulted.org/jobopportunities to learn more.



**Santa Clara
Adult Education**

Where learning and community meet

1840 Benton Street
Santa Clara, CA 95050
(408) 423-3500
santaclaraadulted.org

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